

# NEWS

THINGS TO BE A PART OF AT CiB



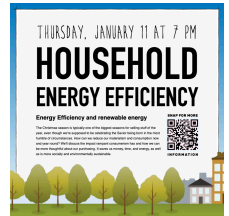
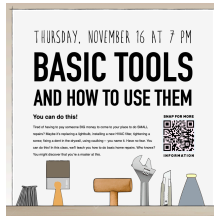
## Get to class.

Join us on Thursday evenings this fall to learn life skills that will improve, not only your own life, but the lives of others, too.

All classes are free, open to the public, and you are encouraged to invite friends.



Get more info at [churchbethesda.org/classes](http://churchbethesda.org/classes).



## Class Listing

### Composting

Thursday, October 12, 7PM at Church In Bethesda

### Reducing Consumption

Thursday, November 2, 7PM at Church In Bethesda

### Basic Tools (And How To Use Them)

Thursday, November 16, 7PM at Church In Bethesda

### Household Energy Efficiency

Thursday, January 11 (2024) 7PM at Church In Bethesda

## Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.



Get more info at [churchbethesda.org/lunch-program](http://churchbethesda.org/lunch-program).

THERE IS ~~NO~~ SUCH A  
THING AS A FREE LUNCH

Free food is distributed at 12:30 PM, Monday through Friday. No strings attached.  
Get more info at [churchbethesda.org/lunch-program](http://churchbethesda.org/lunch-program)

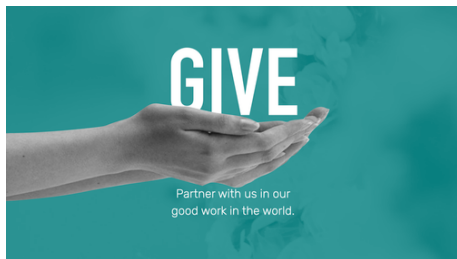


## A Safe Place To Be Heard

Pastor Ryan leaves two open appointments on his calendar every Thursday for anyone who would like to chat. No strings attached.



Get more info at  
[churchinbethesda.org/chat](https://churchinbethesda.org/chat).



## Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at  
[churchinbethesda.org/cultivate](https://churchinbethesda.org/cultivate).



## Get Updates

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at  
[churchinbethesda.org/get-updates](https://churchinbethesda.org/get-updates).



## May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Please visit our prayer page to share your requests with us.



Get more info at  
[churchinbethesda.org/prayer](https://churchinbethesda.org/prayer).



## There's music in you!

If you play an instrument or sing, we want to include you in our Sunday worship! All ages and skill levels are welcome. Interested?



Snap the QR code above to  
send us an email.

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Thursdays

Pastor Ryan leaves two open appointments on his calendar every Thursday for anyone who would like to chat. No strings attached.

- Do you have a question about God, faith, or the church?
- Maybe you need a safe place to vent?
- Maybe you would like to get some guidance about the things you're facing in your life?

Whatever your reason, pastor Ryan is available to chat with you in a confidential environment where you will be listened to and responded to with love.

Snap the QR code above to reserve your spot to chat today.

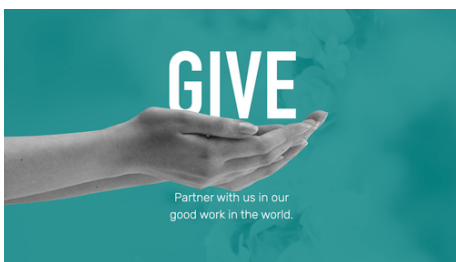


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## Our Next Congregational Meeting



Today After Worship

At our most recent congregational meeting, we discussed some revisions to our bylaws.

We will be gathering today after worship to discuss our edits before we ratify them.

If you were unable to be with us for the last meeting, an audio recording and handouts of all that we covered are available by snapping the QR code above that will redirect you to the "Downloads" page on our website. When the page opens, scroll down to the "Policy And Governance" section and open the tab. You will see all of the assets listed there.

We look forward to seeing you after church. Thanks for being such an awesome church family!

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Change your life in 5 minutes.

Meditations For The Metro is a daily, five-minute episode of passages and perspectives set to music, tailored to seekers with busy lives.



Get more info at  
[churchinbethesda.org/meditations](http://churchinbethesda.org/meditations).



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