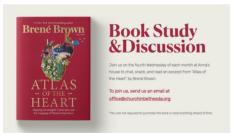


Shannon Brescher Shea

Sunday, April 23, 2023 at 11 AM

Join us to hear Shannon Brescher Shea share how belief and caring for the environment go hand-in-hand. Feel free to invite friends to engage this important topic.



Book Discussion

Join us on the fourth Wednesday of each month at Anna's house to chat, snack, and read an excerpt from "Atlas of the Heart" by Brené Brown.



For more info, email us at office@churchinbethesda.org.



Cultivating The Heart

Resuming this Thursday



Our weekly discussion group, Cultivating The Heart resumes on Thursday and will be online only. For more information and the Zoom link, visit churchinbethesda.org/cultivate.



Change your life in 5 minutes.

Meditations For The Metro is a daily, five-minute episode of passages and perspectives set to music, tailored to seekers with busy lives.



Get more info at churchnbethesda.org/meditations.



Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.



Get more info at churchnbethesda.org/lunch-program.



May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Pleas visit our prayer page to share your requests with us.



Get more info at churchnbethesda.org/prayer.



Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at churchnbethesda.org/cultivate.



Get Updates

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at churchnbethesda.org/get-updates.



Let's Be Friends

If you are new to CiB, or even if you've been with us for a long time, we would love to make you dinner. There's not agenda rather than making new friends.



Get more info at churchnbethesda.org/dinners.