





# There's music in you!

Share it with us!



# Bold Speaking

For Worship Participants



If you play an instrument or sing, we want to include you in our Sunday worship! All ages and skill levels are welcome. Interested? Snap the OR code above to send us an email.

Want to learn how to be better behind a mic? Join Jan Fox for a crash course in BOLD speaking. Free lunch is provided. To get more info. email Jan with OR code above.



# A Safe Space To Be Heard.

Pastor Ryan leaves two open appointments on his calendar every Thursday for anyone who would like to chat. No strings attached.



#### Everyone Should Eat

If you are in need of meals, come to the back entrance of the church Monday through Friday at 12:30 PM for free food.









# Partner with us in our good work in the world.



#### **Book Discussion**

Join us on the fourth Wednesday of each month at Anna's house to chat, snack, and read an excerpt from "Atlas of the Heart" by Brené Brown.



For more info, email us at office@churchinbethesda.org.

## May we pray for you?

If you're celebrating something, we want to celebrate with you. If you're hurting, we want to carry that with you. Pleas visit our prayer page to share your requests with us.



Get more info at the churchnbethesda.org/prayer.

### Generosity Is Worship

We invite you to partner with us in our good work by making a one-time or recurring donation. Your gifts enable us to be an even more engaging community.



Get more info at churchnbethesda.org/cultivate.

#### **Get Updates**

CiB sends out periodic updates to keep our community up to speed on all that's going on. Updates are available via email and/or text and you may unsubscribe at any time.



Subscribe today at churchnbethesda.org/get-updates.



#### Let's Be Friends

If you are new to CiB, or even if you've been with us for a long time, we would love to make you dinner. There's not agenda rather than making new friends.



Get more info at churchnbethesda.org/dinners.